

Swedish Grand Prix

14-16 March 2025 in Stockholm

The Sweden Aquatics together with the local organizer Simklubben Neptun welcome you to Stockholm and the Swedish Grand Prix.

Venue: Eriksdalsbadet (50m), Stockholm, Sweden

Competition:	Prelims	Finals
	Friday	17:00
	Saturday 10:00	17:00
	Sunday 09:00	16:00

Warm up:	Friday	15:00-16:45
	Saturday 08:00-09:45	15:00-16:45
	Sunday 07:00-08:45	14:00-15:45

Events:

Friday 14 March

1. Women's 400 m IM***
2. Men's 400 m IM***
3. Women's 1500 m Freestyle***
4. Men's 1500 m Freestyle***

Saturday 15 March

5. Women's 200 m Freestyle
6. Men's 100 m Freestyle*
7. Women's 100 m Breaststroke*
8. Men's 50 m Breaststroke
9. Women's 100 m Butterfly
10. Men's 100 m Backstroke*
11. Women's 50 m Backstroke*
12. Men's 200 m Butterfly
13. Women's 200 m IM*
14. Men's 400 m Freestyle*
15. Women's 50 m Freestyle*
16. Men's 200 m Breaststroke
17. Women's 800 m Freestyle**
18. Men's 50 m Butterfly*
19. Women's 200 m Backstroke
20. Mixed 4x100 m Medley****

Sunday 16 March

21. Men's 200 m Freestyle
22. Women's 100 m Freestyle*
23. Men's 100 m Breaststroke*
24. Women's 50 m Breaststroke
25. Men's 100 m Butterfly
26. Women's 100 m Backstroke*
27. Men's 50 m Backstroke*
28. Women's 200 m Butterfly
29. Men's 200 m IM*
30. Women's 400 m Freestyle*
31. Men's 50 m Freestyle*
32. Women's 200 m Breaststroke
33. Men's 800 m Freestyle**
34. Women's 50 m Butterfly*
35. Men's 200 m Backstroke
36. Mixed 4x100 m Freestyle****

* Also para event, para swimming as timed finals in the morning session

** Timed finals with the fastest heat in the evening session, all other heats in the morning session.

***Timed finals

**** Two heats maximum, swum in the final session. For entry time, add individual times of available swimmers in the team.

Entries:

Entries are made by sending an entry form or an entry file (LENEX) to kenneth.magnusson@svensksimidrott.se no later than 28 February at 23.59 CET (UTC+1). Swimmers have to meet standard times in table 2.

Swimmers who have met a standard time in at least one event can request to be entered in events where he/she haven't met the standard time. Depending on the total number of entries, such requests may be approved.

Entry times can be in LCM, SCM and SCY. In 50 m, 100 m and 200 m events as well as 400m Freestyle, LCM times will be seeded first after that SCM and last SCY times. In 800 m Freestyle, 1500 m Freestyle and 400 m IM, SCM and SCY times will be converted to LCM in accordance with table 1.

Para swimmers have to meet standard times, [here](#).

Qualification period: 1 January 2024 – 27 February 2025.

Entry fee:

SEK 125/entry

Accreditation:

All swimmers and team staff need an accreditation for a fee of SEK 100 per accreditation. Swimmers entered in individual events will be issued an accreditation automatically, others must apply here: <https://response.questback.com/svenskasimfrbundet/sgp2025>

Heats:

If the need arises the heats could be swum in A- and B-flights with the three fastest heats in the A-flight.

Finals:

Events up to and including 200 m are swum in A- and B-finals, 400m Freestyle in A-finals only. Timed finals in the 800 m Freestyle with the last heat in the evening session. Timed finals in 400m IM and 1500 m Freestyle, all heats Friday evening. Events indicated as para events will be swum as timed finals for the para swimmers in the morning session.

Withdrawals:

Withdrawals to Friday's events should be made at the latest Friday at 14:30. For prelims and timed finals on Saturday and Sunday withdrawals should be made at the latest 30 minutes after the end of the previous day's finals. All teams will be issued a login to a coach app where withdrawals to prelims and timed finals can be made. Withdrawals from prelim to final should be made at the latest 30 minutes after the end of each event on a form provided at the venue.

Prize money:

Winners of individual events are awarded SEK 1000. Swimmers in winning relay teams receive SEK 500 each.

Top four performances, men and women respectively, wins SEK 20,000; 15,000; 10,000 and 5,000. One event per swimmer is counted using World Aqua points for able-body swimmers and British Para Points for para swimmers.

Transportation:

The competition will be held at Eriksdalsbadet; see the address below: Hammarby Slussväg 20, 118 60 Stockholm ([click for map view](#)). You can easily get there by public transport, taking the green metro line to Skanstull station. Buses are also available, and there is parking adjacent to the pool as well as parking garages within walking distance.

If arriving by boat or plane, Simklubben Neptun can assist with transfers to/from your chosen hotel. The deadline for booking transfers is February 10, and requests should be sent to event@skneptun.se, using a form. The form will be available for download in the file archive on Swimify, as well as on Simklubben Neptun's event page (see below).

Accommodation:

Book directly using the link provided below. The link is also available on the event website. The hotels are within walking distance of Eriksdalsbadet.

[Click here to book your accommodation!](#)

Meals:

Meals are booked through the attached form, sent to Simklubben Neptun at event@skneptun.se. The form will be available for download in the file archive on Swimify, as well as on Simklubben Neptun's event page (see below).

Please book meals not later than February the 10th 2025.

Link to website:

Link to the event website:

<https://www.skneptun.se/event/swedish-grand-prix-2025>

Info:

Regarding entries:

Swedish Swimming Federation, Kenneth Magnusson, phone: 010-476 53 09 or mail: kenneth.magnusson@svensksimidrott.se.

All other inquires:

Simklubben Neptun (local swim club), Maria Östervall, mail: event@skneptun.se

Table 1

	Women		Men	
	SCM	SCY	SCM	SCY
800m/1000y Freestyle	+13.78	-58.50	+16,28	-51,40
1500m/1650y Freestyle	+24,08	+37,50	+32.34	+39.60
400m IM	+11,05	+40,00	+10,45	+40,00

Table 2

Grenar	GP Standard Times					
	Women			Men		
	SCM	LCM	SCY	SCM	LCM	SCY
50m Freestyle	00:27,10	00:27,96	00:24,41	00:24,33	00:25,40	00:21,91
100m Freestyle	00:58,75	01:00,67	00:52,93	00:53,01	00:55,27	00:47,76
200m Freestyle	02:08,81	02:13,26	01:56,04	01:57,53	02:02,76	01:45,88
400m Freestyle	04:36,88	04:46,07	05:16,43	04:15,75	04:26,76	04:52,29
800m Freestyle	09:36,00	09:54,61	10:58,28	08:48,60	09:10,69	10:04,11
1500m Freestyle	18:42,26	19:26,56	18:35,56	17:03,58	17:42,23	16:57,47
50m Breaststroke	00:34,14	00:35,19	00:30,75	00:30,58	00:31,96	00:27,54
100m Breaststroke	01:14,27	01:17,69	01:06,91	01:06,98	01:10,49	01:00,33
200m Breaststroke	02:43,31	02:51,06	02:27,12	02:29,58	02:38,57	02:14,74
50m Backstroke	00:30,82	00:32,47	00:27,77	00:28,02	00:29,84	00:25,24
100m Backstroke	01:06,22	01:09,98	00:59,65	01:00,14	01:03,94	00:54,17
200m Backstroke	02:25,04	02:33,35	02:10,66	02:13,47	02:22,03	02:00,24
50m Butterfly	00:29,18	00:29,74	00:26,28	00:26,41	00:27,20	00:23,79
100m Butterfly	01:05,22	01:07,42	00:58,75	00:59,14	01:01,07	00:53,27
200m Butterfly	02:32,60	02:40,75	02:17,46	02:18,53	02:25,49	02:04,80
200m IM	02:26,98	02:32,84	02:12,40	02:14,06	02:20,30	02:00,77
400m IM	05:18,86	05:35,72	04:47,27	04:51,28	05:08,95	04:22,41