The following rule adjustments are introduced for 2022/2023 competition season in Sweden:

**Figures**

∙The C class fully changes to the new rules for figures according to FINA 2022-2025. Only Swedish swimmers can participate.

∙ The Youth swimmer start list will not be divided into two parts, as the new FINA rules say. All artistic swimmers enter the same starting list, and everyone swims all four drawn figures. Otherwise, the new rules are used

for figures according to FINA 2022-2025.

∙ The point assessment will use the 0.10 points scale according to FINA 2022-2025.

**Free music programs**

∙ All scoring starts with the start of the music.

∙ Rules for the number of artistic swimmers follow the new FINA rules 2022-2025

∙ All new time rules are followed according to FINA 2022-2025

∙ Free programs in Solo, Duet, Mixed Duet, Team and Free Combination will continue to follow the old rules from FINA

2017-2022, i.e. no requirement for a certain number of hybrids, acrobatics, etc.

∙ Free Combination will continue to be a discipline at national championship competitions during this period transitional year. The rules for Free Combination are the same as they were during 2017-2021 in Sweden: Youth and Juniors swimmers can be mixed according to the applicable age rules (see below). The time limit for Free Combination is according to FINA 2022-2025 for Youth: 3:00.

∙ Coach Card does not need to be submitted for free programs.

∙ The scoring of free programs will take place with 3 panels, Execution/Artistic/Difficulty, according to

the rules that applied in 2017-2021, except for the points scale which will be the 0.25 scale instead.

**Technical music programs**

∙ All scoring starts with the start of the music.

∙ Rules for the number of artistic swimmers follow the new FINA rules 2022-2025

∙ All new time rules are followed according to FINA 2022-2025.

∙ All programs must contain five mandatory technical elements, TRE (Technical Required Element), in the program. Selection of which elements are included in the program must be done in the same way as described in the new FINA rules 2022-2025. There is no requirement that they be carried out in any particular order.

∙ No requirements on how many or which free hybrids should be included in the technical program. Other requirements for specified hybrids, connections, acrobatic parts etc. must follow FINA 2022-2025.

∙ A reduced "Coach card" must be submitted where the five steps (TRE) are specified in the order they are performed in the program. This will then be available to the judges who judge the execution of the moments.

∙ The scoring of technical programs will take place with 3 panels, Execution of the moments (TRE)/Execution of other+sync/Artistic, according to the rules that apply in 2017-2021, except for the point scale, which will be the 0.25 scale instead.

**Age classification**

Youth girls: 13 – 15 years, boys 13 – 16 years

Junior girls: 14 – 19 years, boys 14 – 20 years