

Kvaltider JSM 2019 - 2020

| Grenar | A-kvaltider | | | | | | B-kvaltider | | | | | |
|--------------------|-------------|----------|----------|----------|----------|----------|-------------|----------|----------|----------|----------|----------|
| | Damer | | | Herrar | | | Damer | | | Herrar | | |
| | 25m | 50m | Yard | 25m | 50m | Yard | 25m | 50m | Yard | 25m | 50m | Yard |
| 50m frisim | 00:26,66 | 00:27,52 | 00:24,01 | 00:23,78 | 00:24,75 | 00:21,42 | 00:26,92 | 00:27,78 | 00:24,25 | 00:24,03 | 00:24,99 | 00:21,64 |
| 100m frisim | 00:57,79 | 00:59,39 | 00:52,06 | 00:51,85 | 00:53,76 | 00:46,71 | 00:58,30 | 00:59,92 | 00:52,52 | 00:52,38 | 00:54,34 | 00:47,18 |
| 200m frisim | 02:05,32 | 02:09,33 | 01:52,90 | 01:54,05 | 01:58,71 | 01:42,74 | 02:07,07 | 02:10,68 | 01:54,47 | 01:55,07 | 01:59,98 | 01:43,66 |
| 400m/500y frisim | 04:28,09 | 04:35,55 | 05:06,38 | 04:05,97 | 04:15,51 | 04:41,10 | 04:30,47 | 04:38,30 | 05:09,10 | 04:09,11 | 04:19,52 | 04:44,69 |
| 800m/1000y frisim | 09:16,48 | 09:37,01 | 10:35,97 | 08:39,28 | 08:59,29 | 09:53,46 | 09:24,13 | 09:42,88 | 10:44,72 | 08:47,96 | 09:06,75 | 10:03,38 |
| 1500m/1650y frisim | 17:56,69 | 18:34,19 | 17:50,26 | 16:39,30 | 17:26,35 | 16:33,33 | 18:06,97 | 18:46,29 | 18:00,48 | 16:56,57 | 17:42,54 | 16:50,50 |
| 4x50m frisim | 01:49,20 | 01:52,64 | | 01:38,54 | 01:42,29 | | | | | | | |
| 4x100m frisim | 04:00,32 | 04:08,26 | | 03:34,41 | 03:43,99 | | | | | | | |
| 4x200m frisim | 08:47,66 | 09:09,73 | | 07:56,48 | 08:21,09 | | | | | | | |
| 50m bröstsim | 00:33,52 | 00:34,30 | 00:30,19 | 00:29,98 | 00:31,11 | 00:27,00 | 00:33,95 | 00:34,75 | 00:30,58 | 00:30,43 | 00:31,45 | 00:27,41 |
| 100m bröstsim | 01:12,45 | 01:15,10 | 01:05,27 | 01:05,54 | 01:08,50 | 00:59,04 | 01:13,37 | 01:16,03 | 01:06,09 | 01:06,26 | 01:09,72 | 00:59,69 |
| 200m bröstsim | 02:38,17 | 02:44,58 | 02:22,49 | 02:23,87 | 02:30,94 | 02:09,61 | 02:40,68 | 02:47,40 | 02:24,75 | 02:26,38 | 02:34,19 | 02:11,87 |
| 50m ryggsim | 00:30,25 | 00:31,65 | 00:27,25 | 00:27,37 | 00:28,84 | 00:24,65 | 00:30,59 | 00:32,09 | 00:27,55 | 00:27,68 | 00:29,24 | 00:24,93 |
| 100m ryggsim | 01:04,71 | 01:07,73 | 00:58,29 | 00:58,49 | 01:01,99 | 00:52,69 | 01:05,57 | 01:08,82 | 00:59,07 | 00:59,30 | 01:02,80 | 00:53,42 |
| 200m ryggsim | 02:21,27 | 02:27,40 | 02:07,27 | 02:08,87 | 02:17,31 | 01:56,09 | 02:22,79 | 02:29,71 | 02:08,63 | 02:10,68 | 02:19,10 | 01:57,72 |
| 50m fjärilsim | 00:28,77 | 00:29,17 | 00:25,91 | 00:25,69 | 00:26,14 | 00:23,14 | 00:29,10 | 00:29,52 | 00:26,21 | 00:25,97 | 00:26,49 | 00:23,39 |
| 100m fjärilsim | 01:03,97 | 01:05,64 | 00:57,63 | 00:56,86 | 00:58,48 | 00:51,22 | 01:04,75 | 01:06,46 | 00:58,33 | 00:57,64 | 00:59,17 | 00:51,92 |
| 200m fjärilsim | 02:23,66 | 02:29,11 | 02:09,42 | 02:09,42 | 02:14,16 | 01:56,59 | 02:27,39 | 02:32,21 | 02:12,78 | 02:11,81 | 02:17,00 | 01:58,74 |
| 100m medley | 01:06,23 | | 00:59,66 | 00:59,58 | | 00:53,67 | 01:07,12 | | 01:00,47 | 01:00,24 | | 00:54,26 |
| 200m medley | 02:22,46 | 02:27,52 | 02:08,00 | 02:08,89 | 02:14,75 | 01:56,11 | 02:24,00 | 02:29,19 | 02:09,72 | 02:10,97 | 02:16,16 | 01:57,99 |
| 400m medley | 05:04,81 | 05:17,81 | 04:34,60 | 04:40,97 | 04:53,58 | 04:13,12 | 05:09,10 | 05:22,45 | 04:38,46 | 04:45,11 | 04:58,30 | 04:16,85 |
| 4x50m medley | 02:00,07 | 02:03,51 | | 01:47,63 | 01:51,65 | | | | | | | |
| 4x100m medley | 04:24,85 | 04:35,52 | | 03:58,14 | 04:10,89 | | | | | | | |

Kvalperioden startar alltid 1 januari året närmast före tävlingen och avslutas dagen före sista ordinarie anmälningsdag.